

About the School

The Fall Power Skating School offers specialized skating instruction for both hockey and ringette players of all levels and ages.

- **School includes:** Nine one-hour sessions over a three week period.
- **Cost:** \$235.00 (Includes GST)
- **Location:** K of C Sports Complex
13160-140 Ave, Edmonton
- **Full equipment,** sticks and water bottles are required.

The highly qualified and energized Professional Coaching Staff has several years of experience and enjoy working with athletes of all ages and levels in a positive structured teaching environment.

The on-ice skaters/instructor ratio is 5/1.
This is also a junior coach mentorship program.

Registration Information

Registration is done on a first come basis.
An email will be sent to you confirming your acceptance into the Fall School.

Once registration is finalized you will receive a letter by mail confirming the Program and Camp that you are registered in.

Please Note: The Program and Camp of interest may be changed to accommodate the skill level and ages of the 2012 Fall School registrants.

Payment in the form of cheque, money order or cash is accepted and may be brought on the first day of the program.

If you and another family are interested in carpooling or being in the same Program/Camp please indicate this request on the registration form.

Child Tax Credits will be issued.

Register online @ stewartz@telusplanet.net

The Skill Enhancement Camps

The Enhancement Camps provide a technical breakdown of each skating skill in a positive and progressive format.

The skill is then incorporated into skating related flow drills that are designed to reinforce the skill taught.

The objective is to expose the skater to as many skating options to help built their confidence and self-esteem and give them the ability to compete in a safer and more enjoyable environment.

The Camps are designed to improve balance, power, edge control, flexibility, agility, explosive quickness and conditioning.

Program and Camp Info

Skill Enhancement Camps

Program A – Sunday, Tuesday, Thursday
(August 19, 21, 23, 26, 28, 30, September 2, 4, 6)

Camp 1 - 6:15–7:15 pm Birth Year: 2007 - 2005
(Minimum skill requirement - Skaters must be able to skate forward and have some knowledge of how to stop)

Camp 2 - 7:15 - 8:15 pm Birth Year: 2005 - 2003

Camp 3 - 8:30 - 9:30 pm Birth Year: 2003 - 2000

Program B – Monday, Wednesday, Friday
(August 20, 22, 24, 27, 29, 31, September 3, 5, 7)

Camp 4 - 6:15 - 7:15 pm Birth Year: 2005 - 2004

Camp 5 - 7:15 - 8:15 pm Birth Year: 2004 - 2002

Camp 6 - 8:30 - 9:30 pm Birth Year: 2002 - 1996
NOTE: Pucks and rings are only included in this Camp.

REGISTRATION FORM

Child's Name _____

Parents Names _____

Address _____

City _____ Postal _____

Hm # _____ Wk# _____

Email _____

DOB - Month _____ Day _____ Year _____

Medical Conditions _____

11/12 Team Level _____

11/12 Tier _____

Years of Playing Experience _____

Carpooling or Special Requests:

Please indicate the Program and Camp of interest:

Program _____ Camp _____

NOTE: Requested dates and times may be changed depending on session's availability.

Amateur Athletic Waiver and Release of Liability

I the undersigned, for myself, my heirs, executors, administrators and assigns, release any member of the "Donna Stewart Power Skating School" program, or its respective helpers from any claims, demands, damages, actions, or causes of actions arising out of or in consequence of any losses, injury or damage to my child's person or property incurred while attending or participation in the "Donna Stewart Power Skating School".

Parent/Guardian _____

Date _____

Mail Registration Form and Payable Cheques to:
Donna Stewart Ent Inc.
5 Laurent Place, St. Albert, T8N 4N5

COACHES

2012

COACHES

DONNA STEWART

Program and Designer for:

Donna Stewart's Fall Power Skating School
 St. Albert Minor Hockey Association
 Westlock Minor Hockey Association
 RQB Minor Hockey Association
 CNN Minor Hockey Association
 St. Edmunds Hockey Academy
 OLA Fort Sask Hockey Program
 St. Albert Referee Clinic
 Maple Leaf Athletes Club
 Braves Minor Hockey Association
 North East Zone Minor Hockey Association
 Fort Sask Minor Hockey Teams
 Sherwood Park Minor Hockey Teams
 Leduc Summer Hockey Program
 St. Albert Ringette Association
 Lorrie Horne's Future Champion's Ringette School
 U of A Summer Ringette Schools
 Mid Ice Crisis Adult Program
 U of A Ringette Club
 Zone 5 AA Ringette Club
 Edmonton Federation Ringette Association
 Sherwood Park Ringette Association
 Fort Sask Ringette Association
 Drayton Valley Ringette Association

08/11 MLAC MAAA Minor Elite – Ass't Coach
08/09 Zone 5 Tween AA Nova – Ass't Coach
07/08 Zone 5 Tween AA Rush - Ass't Coach
Provincial and Western Zone 5 TwAA Champions

Certified Can Power Skating Instructor
NCCP Intermediate Coach Level – Hockey
NCCP Level 2 – Ringette
NCCP Level 3 – Theory
NCCP Level 3 – Technical – Figure Skating
Hockey Canada Safety Program
Power Skating Coach Mentor

Over 35 Years of Teaching and Coaching Experience



SKILL ENHANCEMENT CAMPS

*SPECIALIZED SKATING INSTRUCTION FOR
 HOCKEY AND RINGETTE PLAYERS*



Hm # (780) 458-6572

Fax # (780) 459-3985

Email – stewart@telusplanet.net

Website – www.donnastewartinc.com

Register online @ stewart@telusplanet.net

Sponsored by:



DEBBIE KLATT

Power Skating Instructor for:

St. Albert Minor Hockey Association
 Westlock Minor Hockey Association
 RQB Minor Hockey Association
 Cloverdale Community League
 Future Champion's Ringette Schools
 U of A Summer Ringette Schools
 St. Albert Ringette Association
 Sherwood Park Ringette Association
 Edmonton Federation Ringette Association

St. Albert LeGit Petite A – Ass't Coach
CSI - Ringette
CI 1 and 2 – Ringette
NCCP Coach Level – Hockey
NCCP Level 1 – Figure Skating
NCCP Level 2 – Theory

20 Years Teaching Experience

SHERI McEACHERN

Power Skating Instructor for:

St. Albert Minor Hockey Association
 St. Albert Ringette Association
 Edmonton Federation Ringette Association

NCCP Level 1 – Technical – Figure Skating
NCCP Level 1 – Theory
NCCP Level 1 – Ringette
AFLCA Certification
St. John Ambulance Emergency First Aid

13 Years Teaching Experience